

Child Friendly Anti-Bullying Policy

What is Bullying?

In our school a bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset that person. This behaviour is repeated frequently.

Bullying can be ...

Emotional: hurting people's feelings, leaving someone out

Physical: hitting, kicking, spitting, and pushing

Verbal: teasing and name calling

Cyber: saying unkind things by text, email and online

Racist: saying unkind things because of the colour of your skin, your religious beliefs or your culture

Disability: saying or doing unkind things because someone is different



When is it bullying?

Several

Times

On

Purpose



Who can you tell?

- ✓ Teachers or Teaching Assistants
- ✓ A friend
- ✓ A member of the School Council
- ✓ Mum or Dad
- ✓ Any Other Adult

If you are being bullied **Start Telling Other People**

We promise to always treat bullying seriously.

If you are bullied:

Do:

- ✓ Ask them to STOP if you can
- ✓ Use eye contact and tell them to go away
- ✓ Ignore them
- ✓ Walk away and find different friends to play with
- ✓ Find an adult to tell or talk to a friend, they can talk to an adult for you
- ✓ TELL SOMEONE

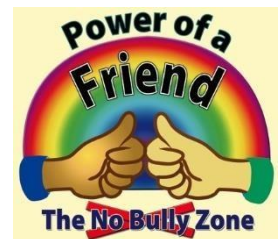
Don't:

- Do what they say
- Get angry and try not to look upset
- Hit them
- Think it's your fault
- Keep it to yourself



What should I do if I see someone else being bullied?

- ✓ Tell an adult straight away
- ✓ Don't walk away and ignore the bullying
- ✓ Tell the bully you are telling an adult, don't get involved
- ✓ Don't stay silent - tell someone or the bullying will keep happening



The head teacher, the governors and the staff will work together to:

- ✓ Make our school a place where everyone can feel safe and happy. That means NO bullying allowed
- ✓ We will help everyone to get on with each other and we believe that everyone has the right to be who they are.

