



WYKE PRIMARY ACADEMY

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GU3 2HS



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Friday 15th December 2023

Dear Parents and carers,

Here we are at the end of the Autumn Term. It has been a **fantastic term in school** with lots of great learning and great enriching experiences for our children. Here is some feedback from the children:

'The work is really fun and interesting – I've loved history, PE and science.'

'I'm so proud! I've learnt all of my sounds.'

'The best bit was getting a trophy in Celebration Assembly.'

'I've loved writing stories and all of my learning in art.'

'The production was so fun.'

'I've enjoyed all of my learning - especially history where we learnt about WWII. Going to Henley Fort was a great because we got to experience what it would have been like during WWII.'

It is with a heavy heart that **we say farewell to Mrs Bailey**. We would like to **thank her for her tremendous hard work** over the years and wish her well in her new job.

A few additional messages for you:

The **Spring 1 Year Group Newsletters** are now available on our website. Click on the following links to find out about the details topics your child will be studying, homework details and important dates.

- [Reception](#)
- [Year 1](#)
- [Year 2](#)
- [Year 3](#)
- [Year 4](#)
- [Year 5](#)
- [Year 6](#)

Please be reminded that the **website calendar** is a useful source of up to date information: [Calendar](#)

Paperchains winners were announced today. Well done to **Abby in Y4** and **CJ in Y3!**

Wishing you all a happy holiday and looking forward to seeing you on Tuesday 2nd January for the Spring Term!

Kind regards,

Tammie Wisnia
Acting Headteacher



COPING AT CHRISTMAS

Christmas can be tough. That's why it's important to know there's always someone you can talk to.



☎ 0300 123 3393

📍 Helpline

🌐 mind.org.uk

shout
85258

☎ Text SHOUT to 85258

📍 24/7 text service

🌐 giveusashout.org

SAMARITANS

☎ 116 123

📍 24/7 Helpline

🌐 samaritans.org

YOUNGMINDS
fighting for young people's mental health

☎ Text YM to 85258

📍 24/7 text service

🌐 youngminds.org.uk

CAMPAIGN
AGAINST
LIVING
MISERABLY

☎ 0800 58 58 58

📍 Helpline for men

🌐 thecalmzone.net

PAPYRUS
PREVENTION OF YOUNG SUICIDE

☎ 0800 068 4141

📍 Under 35s Helpline

🌐 papyrus-uk.org

Mindworks
Surrey

If you are worried about your child, please call our 24/7 mental health crisis line free on [0800 915 4644](tel:08009154644) to talk with a trained call handler who will provide advice, support and signposting to a range of community services. It's open all day and all night, seven days a week.

The crisis line is available for children and young people from the age of six. You can use the number whether or not you are already receiving mental health services. No formal request for support is needed.

12 Top Tips for Children and Young People to Enjoy a TECH-FREE CHRISTMAS

The Christmas holidays are tailor made for families to enjoy relaxed quality time in each other's company – but with distractions like pinging phone notifications, the lure of games consoles and online Boxing Day sales, that can be more difficult than it sounds. Staying off our phones, laptops and tablets, however, can really help us to appreciate the things that genuinely matter at this special time of year. Follow our 12 top tips for a tech-free festive season ... Yule be glad you did! Merry Christmas!

CHRISTMAS CRAFTING

Get out the paper, glue and scissors and have a go at hand-making cards or gift tags. You could also create your own decorations to add a uniquely personal touch to the Christmas tree.

NATURE QUEST

Try a scavenger hunt in the garden or your local park. Challenge yourself and your family to find natural treasures that are symbolic of this time of year – like holly or pinecones, say.

CAROL KARAOKE

Sing your hearts out with a Christmas carol karaoke night. Pick out your favourite tunes and enjoy a musical celebration with family and friends.

WANDER DOWN MEMORY LANE

How about making a scrapbook filled with your favourite memories from Christmases gone by? Unleash your creativity while you enjoy reliving those magical holiday moments.

TRY REFLECTIVE JOURNALLING

Dot down your thoughts, feelings and reflections on the holiday in a notebook or diary – you could also list some of your main goals for the new year.

WRAP IT UP

Take time to get inventive with some luxurious gift wrapping. Break out the wrapping paper, ribbons and bows to make parcelling up those presents into a creative adventure.

WALK IN A WINTER WONDERLAND

Delight in the great outdoors with some gentle walks over the holiday. The family can all wrap up warm as you add to your step count and savour the crisp winter air together.

BE A SEASONAL CHEF

Get the whole family working together in the kitchen for some Christmas cooking. Choose a recipe and whip up a festive feast that all of you can enjoy.

ENJOY A CHRISTMAS STORY

Christmas is a perfect time for sparkling stories. Get cosy and lose yourself in a brilliant book, from Dickens to Dr Seuss or a more modern favourite by Chris van Allsburg or Tom Fletcher.

SNOWY SCULPTURES

If we're fortunate enough to get a white Christmas this year, make the most of the opportunity by having a family snowman-building competition!

GAMES NIGHT GALA

Dive into some old-school fun with a tech-free games night. Classic board games and card games have stood the test of time for a reason!

GOODWILL TO ALL

You and your family could spend a day volunteering – perhaps at a food bank or helping a local charity. After all, kindness and thinking of others are part of what Christmas is all about.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



The National College

NOS National Online Safety

#WakeUpWednesday

@natonlinesafety

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@nationalonlinesafety

@national_online_safety

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